

Ayurvedic Pharmacological Analysis in A commonly used Decoction for Diabetes Mellitus (DM)

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In the long history of diabetic occurrence and its management, different combinations of medicinal plants have been used by both traditional and Ayurvedic practitioners. Unlike the Western pharmacological theory, the Ayurvedic theory of pharmacology describes the way of correcting the main functional entity of the human body, *Tridosha* and maintaining the other states of the human body (*SapthaDhatu Trimala,Ojas,Agni*) to matche with other supportive pillars of the human body.

The pharmacological theory of Ayurveda considers five main factors of a material, used for medicine, *Rasa, Guna, Veerya, Vipaka* and *Prabava* are combined to give expected results in the process of curing the DM. The way of combining of these ingredients has not been sufficiently examined enough yet by the researchers.

For this study, decoction, mostly used in diabetic clinics was selected. The result was found to be an interesting combination of all the above mentioned five factors of Ayurvedic pharmacological theory towards the correction of imbalanced *Trodosha* and other supportive factors of human body in the process of curing DM.

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